

Study of the Classical Period (700 BC – 200 BC)

Philosophy and Religion

Satyendra Sharma



Philosophy and Religion

- Vedic Teachings
- Nyāya Perception of Sat
- Vaisheshika Introduction of Kāla
- Sāņkhya Philosophy Subjectivity, Purusha
- Yoga Sat and Viveka
- Mimāmsā –Vedic Words are Eternal
- Vedānta Concept of Brahman
- Vedic Philosophy (Nasādiya Sūkta)
- Freedom of action Vidyā and Avidyā

- Indian materialism *Lokāyatavāda*
- Jaina Philosophy
- Philosophy of Gautama Buddha
- Karma theory Model
- Dharmashāstra
- Jaina Religion
- Buddhisht Religion
- Anthropomorphism
- Conclusion



VEDIC TEACHINGS

- Organization of universe in sat and asat the universe is either knowable or unknowable.
- Manifestation of sat and its perception sat is local and is manifested as the word around us.
- Universe is operating through *rta*, the over-arching universal order. It is the eternal law that must be respected and observed.
- Rta is applied to the collection of terms that include yajña(sacrifice), dharma(moral conduct) and satya(truth).
- Any conduct not conforming to the rta is anrta and is unacceptable



Nyāya — PERCEPTION OF Sat



- Nyāya seeks to define sat and asat
- What is real can be cognized through pramāṇa (proof)
- These pramānas include pratyaksha (direct perception), anumāna (estimation), upamāna (comparison) and shabda (word or interpretation)
- What exists –Sat is real
- Objects of cognition are stationary and do not change over time



UNDERSTANDING THE Nyāya PHILOSOPHY

- *Nyāya* system uses a three-fold methodology to analyze an object:
 - ✓ uddesha (enumeration –naming the object),
 - ✓ lakshaṇa (definition characterizing the named object)
 - ✓ Parikshā (examination –ascertaining the distinguishing characteristics of the objects through pramāṇa).
- Cognition of an object by means of pramāṇa is of four types and involves
 - ✓ pleasure,
 - ✓ source of pleasure
 - ✓ Pain
 - ✓ source of pain.
- False perception or misperception leads to confusion.
- Confusion (viparyaya) is asat.



Vaisheshika – THE INTRODUCTION OF Kāla

- Vaisheshika considers objects of knowledge to be transient kāla.
- Sat is beyond $k\bar{a}la$, or is perceived to be transient over a longer time scale.
- "Vaisheshika" derives from vishesha individual characteristics at the atomic
 (anu) level that share the same attributes and activities in the classes they
 belong to: Prithvi(Earth), āpa(water), teja(Fire), vāyu(air), ākāsha(ether),
 kāla(Time), dik(space/dimension), ātmā (Individual self) and manas (mind).
- Knowledge is achieved through six categories (padārtha) Substance (dravya), quality (guṇa), activity (karma), generality (sāmānya), particularity (vishesha) and inherence (samvāya).
- Space is a substance that has direction, and is eternal. It causes transitive relationships between objects. This means that the space is not vacuum.
- Time is similar to space; objects can be temporally separated. Time is eternal.

Sāņkhya PHILOSOPHY: SUBJECTIVITY, Purusha



- Kapila introduced an element of subjectivity to the concept of perception

 namely, how an object of knowledge is perceived depends on the
 perceiver.
- Thus, Manas (mind) influences perception.
- *Prakṛti*(nature) is *asat*, as it can have multiple views depending on the viewer.
- *Pusrusha* is pure consciousness, the supreme self, and is inactive. It supports the work of creation by *Prakṛti*.
- Purusha is sat, an attribute-less cosmic entity, and is beyond Kāla



Sānkhya COSMOLOGY

- In Sāņkhya, existent cause -satkārya pre-exists in its material cause karaņa
- Prakṛti is ever-changing and transforms into its effect parināma
- Prakṛti is apprehended through Mahat, which is the intellect.
- Mahat or buddhi evolves from Pradhāna or Prakṛti
- Ahamkāra (self) evolves from Mahat and in turn evolves into Tanmātras or subtle elements such as sound, touch, smell, form and taste
- There are ten *indrivas*: five senses of action (karmendrivas) feet, hands, rectum, genitals and mouth; and five senses of perception (jñānendriyas) ears, eyes, nose, tongue and skin;
- Manas (mind) controls indrivas
- Tanmātras then give rise to gross elements (mahābutas) Air, earth, fire, water and space Philosophy and Religion

Yoga – Sat AND Viveka



- Patañjali in his Yoga-sūtras has said that sat is transcendental, and is realizable through Viveka
- Discovery of Viveka is Yoga
- Object is reflected in the Self
- To realize sat or purusha, one needs to go beyond manas
- The wayward mind can be controlled by cessation of Vṛttis (random thoughts)
- Yoga has prescribed tools to rein in these Vṛttis

अथ योगानुशासनम् ॥१॥ योगश्चित्तवृत्ति निरोधः॥२॥



Yoga – DISCOVERING Purusha

- The Chitta is wandering of the mind (ahamkāra) and it perceives objects through Vṛttis, or thoughts that transform the mind into the object of perception
- Vṛttis are five-fold prāmaṇa (right perception), viparyaya (misconception), vikalpa (fantasy), nidrā (sleep) and smṛti (memory)
- The *vṛttis* cause attachment ($r\bar{a}ga$); the only way out of this bondage is by the cessation of *vṛttis*
- Yoga prescribes an eight-fold methodology to bring the mind under control- yama (abstainment), niyama (observance), āsana (posture), prānāyāma (breath control), pratyahāra (control of senses), dhāranā (concentration), dhyāna (meditation) and samādhi (absorption)



Mimāmsā – Vedic WORDS ARE ETERNAL



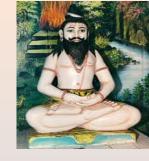
- Vedic schools of thought seem contradictory to each other
- Sat and asat are left undefined in the Vedas how do we interpret them?
- Mimāmāsa sought to accept all the interpretations as correct
- Truth can be revealed in many ways

एकं सद्विप्रा बहुधा वदन्ति

- Mimāmāsa brought back the authority of Vedas in the inquiry of the meaning of true knowledge: This was the foundation of Dharma
- Mimāmāsa has six methods of right knowledge pratyaksha (perception), anumāna (inference), upamāna (comparison), shabda (testimony), arthāpatti (hypothesis) and anupalabhdhi (negation or non-availability)



Vedānta – THE CONCEPT OF Brahman



- According to *Vedānta*, multiple views do not exist
- Multiple perceptions occur because of Māyā
- Bahudhā of Mimāmsā has unity in one Brahman
- Vedānta enunciated a composite Dharma i.e. Brahman is the only reality.
- Brahdāranyaka says everything that is perceived is not Brahman
- Brahman is beyond sat and asat; Brahman is rtam
- Realization of *Brahman* is asymptotic.



Vedānta: UNDERSTANDING Brahman

- The main theme of *Vedānta* philosophy is the quest for *Brahman,* as stated by the very first of the *brahmasūtras* अथातो ब्रह्म जिज्ञासा
- According to the Upanishads, Brahman is the only reality, and the rest of the world as we perceive it is just an appearance
- The perception of the world around us is the result of *adhyāsa*, or a superimposition of $M\bar{a}y\bar{a}$, because of ignorance
- Brahman and self (ātman) are identical as 3 of the 5 Mahāvākyas state I am Brahman, Self is Brahman and I am He
- Having the knowledge of Brahman would mean becoming Brahman. As Mundakopanishad puts it:
 - स यो ह वैतत् परमं ब्रह्म वेद ब्रह्मैव भवति नास्याब्रह्मवित्कुलेभवति । तरित शोकं तरित पाप्मानं गुहाग्रन्थिभ्यो विमुक्तोऽमृतोभवति ॥ ९॥



ORGANIZATION OF THE Vedānta TEXTS

- Vedānta Philosophy is embodied in the Upanishads. There are 108
 Upanishads, including 13 main ones: Isha, Kena, Chāndogya,
 Brahdāranyaka, Kath, Prasna, Mundaka, Māndukya, Shevtashvetara,
 Taittirya, Aitareya, Jābāla and Kaushitāki.
- The Upanishads can be grouped by their association with each of the Vedas
- The Brahmasūtras were created later, to further systemize the Upanishads
- A Sūtra is a treatise that concisely makes the essence of the argument in an unambiguous way. It is a thread that leads to the crux of the matter



VEDIC PHILOSOPHY - Nasādiya Sukta

• Man's Quest for the Nature of Truth has its roots in one of the earliest discussions about Creation, found in the 129th hymn of the 10th Mandala of the *Rg Veda*. In the *Nasādiya Sūkta*, we find a description of the beginning of Creation, with a speculation - what existed before *sat* (existence) and *asat* (non-existence):

नासंदासीन्नोसदांसीत्तदानीम् नासीद्रजो नो व्योंमा पुरो यत्। किमावंरीवः कुह् कस्य शर्मन्नंभः किमांसीद्गहंनं गभीरम्॥१॥



FREEDOM OF ACTION- Vidyā

- Brahman pervades everything, it is universal
- Because the Self is part of the Universe, it is not affected by an individual's actions
- Likewise, the Individual Self cannot harm or affect others by its actions
- Thus Vedānta teaches acceptance of the Universe as a set for the welfare of the mankind

- This is what comprises $Vidy\bar{a}$, or the knowledge, that each person must respect the freedom of action of others.
- This was the essence of sanātana dharma



FREEDOM OF ACTION - Avidyā

- In a contrarian view, an individual's independence is believed to be local.
- Aahamkāra comes to the fore, and leads to mamatva (the sense of 'I').
- Thus, an individual's freedom of action would not mean that I respect the same for others.
- This is *avidyā*, which means that the self is not recognized as part of universe as a set.
- This limiting view is reflected in *Lokāyata*, *Shākta*, *Shaiva*, *Vaisṇava*, *Jaina*, *Buddhism* and other denominations.



INDIAN MATERIALISM - Lokāyatvāda

- Lokāyata means the philosophy of the people.
- This system believes in perception (prāmāṇa) being the basis of right knowledge.
- Lokāyata rejects Vedic authority, and insists that svabhāva (nature) is allpervading, and there is no immaterial entity.
- Events occur *yadrachhiyā* (by chance) and there is no higher purpose to these events.
- There are no consequences of good or bad actions.
- Penances, sacrifices and asceticism do not help in anyway.

 यावज्जीवेत सुखं जीवेद ऋणं कृत्वा घृतं पिवेत, भस्मीभूतस्य देहस्य पुनरागमनं कुतः ॥



Jaina COSMOLOGY

- Reality consists of jiva (soul), pudgala (matter), akāsha (space), kāla (time), dharma (motion) and adharma (restfulness).
- Space is infinite in all directions; thus, the universe is endless.
- Time is eternal.
- Jiva (soul) and ajiva (non-living) co-exist, and pervade the universe.
- Jiva has consciousness and ajiva is devoid of it.
- Ajiva substances are matter, space, time, motion, and rest.
- Kālachakra (time cycle) is time divided into infinite equal times.
- There are three *lokas* (worlds): *urdhva* (upper), *Madhya* (middle) and *adho* (nether).



Jaina PHILOSOPHY

- An individual is responsible for his/her actions, and must accordingly undergo atonement.
- The cycle of birth and death is caused by accumulated karma.
- Release from this cycle requires purging the accumulated karma.
- Sources of karma include: attachment to worldly things, sensual enjoyment, passions, and ignorance.
- Moral life consists of ahimsā (non-violence), satya (truthfulness), asteya (coveting others possessions), brahmcharya (chastity) and aparigraha (detachment).
- This line of thinking is possibly much older than the Classical Period.



The Philosophy of Gautama Buddha

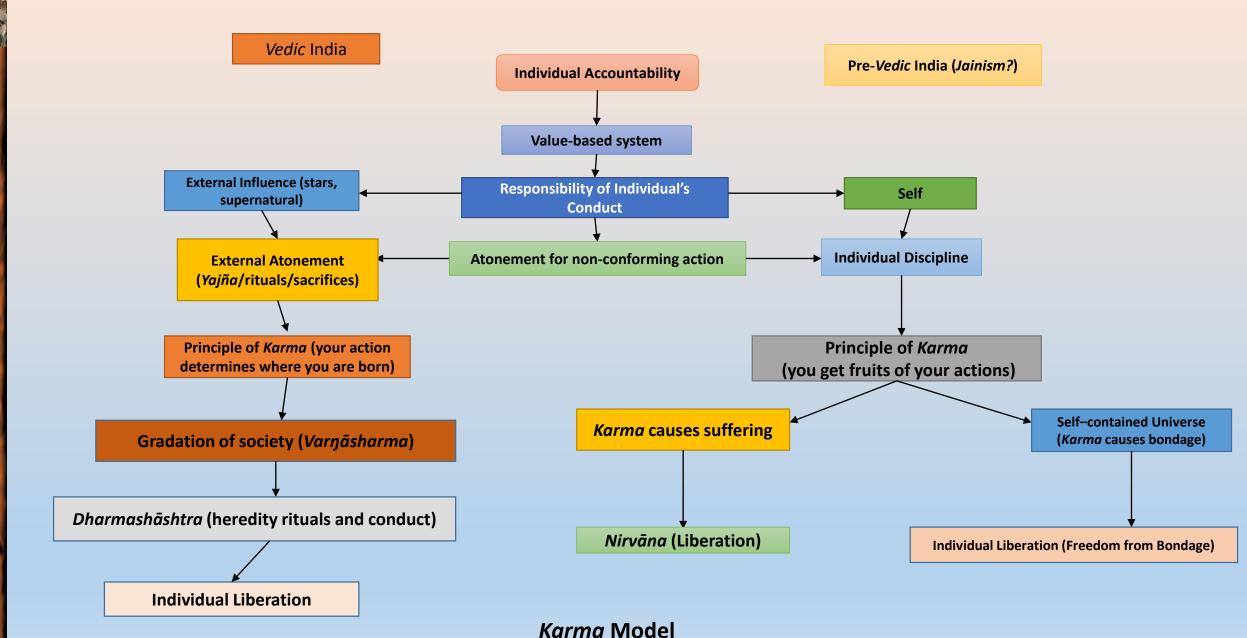
- Buddha proposed a middle ground, between the Jainism's extreme austerity to attain liberation, and Vedic rituals for the same.
- He contested the *Vedāntic* view on the eternity of life.
- Everything in the universe is transitory, including pain and pleasure, which are considered to be the consequences of desires, and lead to bondage.
- Bondage can be removed by following the Eight-fold Path: samyak drishti, samyak sankalpa, samyak vāka, samyak karmanta, samyak ajiva, samyak vyāyāma, samyak smriti and samyak samādhi.
- The ultimate goal is to achieve Nirvana and merge with the Void.



THEORY OF Karma

- *Rta* eventually became basis of the law of *Karma*: one who conforms to *rta* will get good fruits of their actions while one is alive, and after.
- Early Vedic Karma theory focused more on the performance of rituals to the letter, as per rta — these were considered to be good actions while any un-prescribed action was considered to be bad.
- During the *Upanishadic* period, *Karma* went beyond ritual: good actions included living a moral and meditative life, where rituals were not motivated by desires but were meant for self-cleansing and for the general good of others *parārthe*.
- The Jaina theory of Karma that was developed in parallel with the Vedic period prescribed self-atonement for bad actions, and extreme austerity as a path to liberation.
- Since these atonement measures were untenable for day-to-day life, *Krishna* in the *Bhagvadgitā* unveiled *naishkarmyatva* or freedom from consequences of actions.







Dharmashāstra

- Mimāmsā upheld the Vedas as āptavākya(learning by verbal testimony), and the prescription of Dharma became supreme.
- One of the major consequences of following rta through Vedic rituals was that it became a part of daily life.
- The theory of karma led to the principle that an individual's actions determined where he/she is born, thus bringing in gradations of society – or varnāshrama.
- Dharma had a wide scope: it not only encompassed one's conduct in life but his/her duty, righteousness, religion, leading moral life, and generally appropriate behavior
- Dhārmic rituals were used for the fulfillment of artha, kāma and moksha.



Jaina RELIGION

- Jainism prescribes three jewels for individual's ethical life:
 - ✓ Right Knowledge (samyak jñāna),
 - ✓ Right Perception (samyak darshana)
 - ✓ Right Conduct (samyak charita)
- Individual souls go through cycles of birth and death
- The only way out of this cycle is to follow the three jewels
- There is no Creator of the universe
- Liberated souls attain the status of divinity
- Tirthankaras are such souls who have broken the cycle of birth and death, and have attained eternal freedom.



BUDDHIST RELIGION

- Four noble Truths that lead to pain dukkha (suffering), samudāya (cause of suffering), nirodha (end of suffering) and path to freedom from suffering (magga).
- The **Eight-fold path** is the way to relief from suffering.
- Buddism has no concept of a soul or a creator.
- Bodhisattavas are individuals who have achieved nirvana by following the Eight-fold path.
- Although rituals are not prescribed in *Buddhism*, they are nevertheless practiced to keep the followers connected to the religion.
- There are three Buddhisht schools theravāda, mahāyāna and vajrayāna.



ANTHROPOMORPHISM – IMAGE WORSHIP

- Personification of God has been part of Indian religions since *Vedic* times.
- Nārāyana sūkta in Yajurveda refers to Nārāyana as the source of all creation.
- An Avātara is the personification of God, born in human form during each Yuga (cosmic cycle).
- Concept of Rāma born in Tretā Yuga as a perfect human being.
- Concept of Kṛshna born in Dvāpara Yuga as a preceptor teaching practical religion.
- Statues of *Buddha* Different *Buddhisht* sects transitioned from iconography to anthropomorphic images of *Buddha* and *Bodhisattvas*.
- Worship of *Bhagavāna Māhāvira* —a perfected soul who attained divinity, and was worshipped by the *Jaina* faithful.
- Caves, chaityas and temples –became places that housed various deities.





CONCLUSION

- Nyāya analyzed the Vedic texts; made a distinction between sat and asat through right perception.
- Vaisheshika added the idea of kāla as a method of right perception.
- Sāṇkhya advanced the concept of Purusha.
- Yoga provided tools to bring the mind under control, realize the Purusha.
- Mimāmsā advocated for the eternity of the Vedic teachings (āptavākya), giving rise to the Dharmashāstra.
- Vedānta gave us a concept of Brahman as the all pervading Truth.
- Jaina teachings involve individual responsibility for action, and a path to liberation through right knowledge.
- Buddha said neither great penances or rituals will help to get nirvana.
- The classical period gave us the important concepts of manas, ahimsā and aparigraha.

